



Summer 2019

Mountains & Meadows Care Group (MMCG) Family & Friends Newsletter Meet the Family & Friends Council



Left to right: Larry Baxter and Beth Forsyth, Council Co-Chairs, Helen Huntley, Family Member, Joyce d'Entremont, CEO/Administrator, Howard Huntley, Family Member, Nancy McGrath, Board of Directors Member, Joan McLean, Board of Directors Chair.

The Council is composed of families and friends of residents. It serves as a support group, as well as a liaison between families and staff.

The Council is dedicated to the promotion and improvement of the health, welfare and happiness of all residents/clients in a person centered, home like environment.

The Family & Friends Council meets on the last Thursday of most months at 2 pm. Our agenda includes regular updates on recreation, building improvements, accreditation, licensing and any new ideas or changes. Our main focus has been on providing information to the families, which has included orientation information and a public information session on pressure injury in long term care. We welcome visitors and/or new members.

Leadership and Innovation in Health Care Award



*From left to right: Joyce d'Entremont CEO/Administrator; Colin Stevens,
Vice President, Quality and System Performance, NSHA*

Congratulations to our CEO, Joyce d'Entremont, who was this year's recipient of the "Leadership and Innovation in Health Care Award" from the Bluenose Chapter of the Canadian College of Health Leaders (CCHL)!! The CCHL is a national organization whose mission is to develop, promote, advance and recognize excellence in health leadership. Joyce was nominated for this award by the Board of Directors and the Senior Leadership Team of ACMHC. She is shown being presented with her award at the CCHL's Annual General Meeting in Halifax. We are so proud of you, Joyce, for this well-deserved recognition!! Your tireless commitment to the wellbeing of ACMHC residents and staff inspires us all every day! Thank you for your positive, caring, and relationship-oriented leadership!!

Nursing Program

Mountain Lea Lodge



Communities Transformation

This year we have completed our paint project for the communities and recreation room of Mountain Lea Lodge. More flooring has been upgraded and we completed our renovations to all three tub rooms. We created a living space for our residents living in the Gala Community.

When people move to Mountain Lea Lodge, it is our philosophy that this is their new home. Transformation occurs when they feel that they belong to a community. With the help of our residents, we renamed our units to reflect neighborhoods. Then we commissioned art work to depict our communities.

Our art work (above) is placed in the main entrance hall of the building. It illustrates the landscape of our home with four community districts. It begins with a sunset over the mountains for Mountain View Community, the western side of our building. There are village roads populated with homes and churches marking the neighborhoods of Sunset Ridge and Trinity Trail.

In the fore front you see apple orchards and sunflower gardens divided by a roadway. This is our second community Apple Orchard, the eastern side of our building. It has two neighborhoods, Garden View and Gala Lane.

Individual paintings (below) were created for the entrance of each neighborhood.



Some fun over the summer months Mountain Lea and the Meadows Community:



Salads

Hamburgers & hot dogs



Picnics

Berry picking

Fishing



Reptile visitors



Dragon boat races – we placed second in the Spirit Award!



King's Theatre, Annapolis Royal Port George

Oaklawn Zoo



School Graduation, Aug 6th



Concerts in the Gazebo



The beach



Rides at Upper Clements Park



Movies



Painting



The Variety Show



Dr. Goodine's Birthday